

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 55
SECTION Clinical and Support Services		DESCRIPTION Integrated Dual Disorder Treatment (IDDT)- Substance Use Disorder Services for Persons with Severe and Persistent Mental Illness	
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APPLICATION:

<input checked="" type="checkbox"/> CMH Staff	<input type="checkbox"/> Board Members	<input type="checkbox"/> Provider Network	<input checked="" type="checkbox"/> Employment Services Providers
<input type="checkbox"/> Employment Services Provider Agencies	<input checked="" type="checkbox"/> Independent Contractors	<input type="checkbox"/> Students	<input checked="" type="checkbox"/> Interns
<input type="checkbox"/> Volunteers	<input checked="" type="checkbox"/> Persons Served		

POLICY:

Lapeer County Community Mental Health (LCCMH) addresses the needs of persons served with co-occurring mental health and substance use disorders through evidence-based Integrated Dual Disorder Treatment (IDDT) Services.

STANDARDS:

- A. Lapeer County Community Mental Health maintains compliance with the Center for Substance Abuse Treatment (CSAT) Services and the Michigan Department of Health and Human Services licensing rules for substance use services in community-based treatment programs.
- B. LCCMH as a Certified Community Behavioral Health Clinic (CCBHC) ensures no prospective individual is denied access to services because of place of residence or homelessness or lack of permanent residence.

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- C. LCCMH complies with the fidelity guidelines for the IDDT Evidence Based Treatment Model.
- D. IDDT Services are provided by a multidisciplinary team. Team members have specialized experience and skills in the area of substance use disorders including the IDDT evidence-based practice model. Team members may be certified by the Michigan Certification Board for Addiction Professionals (MCBAP).
- E. Team members receive regularly scheduled supervision with the IDDT Supervisor.
- F. IDDT Services include Stage-Wise Interventions and time-unlimited services appropriate for substance use disorders and must include:
 - 1. Outpatient Therapy
 - 2. Certified Peer Support Services
 - 3. Case Management Services
 - 4. Group therapy including advanced psycho-education and recovery skills
 - 5. Community inclusion activities
- G. Case Management Services include the following five service components:
 - 1. Providing assessment and coordinating services consistent with principles of recovery
 - 2. Assisting with service planning and monitoring goals
 - 3. Linking persons served with agency and community resources and utilizing natural supports
 - 4. Advocating for persons served and providing support
 - 5. Coordinating and monitoring the progress of persons served
- H. Eligibility for Entry/Re-Entry to IDDT
 - 1. Age 18 or older
 - 2. Meets eligibility for LCCMH Services
 - 3. Diagnosis of a Mental Health Disorder and a Substance Use Disorder
 - 4. A completed Biopsychosocial Assessment with the Level of Care Utilization System (LOCUS) determination indicating the person meets the medical necessity for IDDT services.

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5. Services are authorized for IDDT
6. Person served or guardian agrees to services and signs an Informed Consent for Treatment

I. Discharge/Exit Criteria

1. Person served no longer requires IDDT Services and can be met with a less intensive or higher level of care
2. Person served is in an extended inpatient unit/program or becomes incarcerated
3. Persons served has achieved therapy goals
4. Person served has not been seen for more than thirty days and has withdrawn unilaterally or does not respond to attempts to schedule further appointments by phone or outreach
5. Persons served no longer demonstrates psychiatric symptoms interfering with activities of daily living and no longer requires treatment or medication to live successfully within the community
6. Death

PROCEDURES:

- A. Person served or applicant requests LCCMH services and meets eligibility for IDDT services, see LCCMH Policy 02.003.30 Intake Procedures.
- B. Person served is scheduled for an Individual Plan of Service (IPOS) appointment with the IDDT Staff.
- C. For persons already receiving LCCMH Services but needing co-occurring services, the case holder completes the LCCMH Referral form #374 and follows agency referral procedures flowchart in the templates folder.
- D. The primary case holder maintains the record of the person served and is responsible for coordinating services as outlined in the IPOS.
- E. Once services are established, the person served is monitored quarterly by the primary case holder to ensure the IPOS is sufficient and least restrictive to meet the needs of the person served.

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- F. The IDDT Treatment Team uses Motivational Interviewing to assist persons served through the Stages of Change.
- G. The IDDT Treatment Team assists with outreach activities designed to keep the person served engaged in treatment to prevent regression/relapse, hospitalization and incarceration.
- H. For persons served not responding to treatment, LCCMH IDDT Team follows the Secondary Interventions for Non-Responders Policy 02.004.190
- I. The primary case holder provides monitoring for the adherence of medication regimes, side effects and linking with the agency physician/prescriber according to Policy 03.001.50 Pharmacological Treatment for Co-Occurring Disorders.
- J. The primary case holder completes and provides an Adverse Benefit Determination to the person served or guardian in the event of a denial, delay, suspension, reduction or termination of service.
- K. Residential settings are Adult Foster Care (AFC) homes licensed and monitored by the State of Michigan Department of Licensing and Regulatory Affairs (LARA). The agency is responsible for following all LARA and Department of Health and Human Services standards.

DEFINITIONS:

Integrated Dual Disorder Treatment (IDDT): An evidence-based practice used to help improve the quality of life for adults with co-occurring mental and substance use disorders.

REFERENCES:

LCCMH Policy 02.003.30 Intake Procedures Policy
LCCMH Policy 02.004.190 Secondary Interventions for Non-Responders
LCCMH Policy 03.001.50 Pharmacological Treatment for Co-Occurring Disorders

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Supersedes #10/06063 dated 10/31/2006