LAPEER COUNTY COMMUNITY MENTAL HEALTH **Date Issued** 10/06/2009
**Date Revised** 04/17/12; 8/13/14; 06/25/15; 06/20/23; 07/14/23; 04/21/26; 10/20/26

| **CHAPTER** Health/Medical | **CHAPTER** 03 | **SECTION** 002 | **SUBJECT** 20 |
|---|---|---|---|
| **SECTION** Health Care | **DESCRIPTION** Physical Examinations | | |
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**APPLICATION:**

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|---|---|---|---|
| ☒CMH Staff | ☐Board Members | ☒Provider Network | ☒Employment Services Providers |
| ☐Employment Services Provider Agencies | ☒Independent Contractors | ☐Students | ☐Interns |
| ☐Volunteers | ☒Persons Served | | |

**POLICY:**

Lapeer County Community Mental Health (LCCMH) documents the decision by a LCCMH prescriber to request a physical examination be performed by a qualified community healthcare provider, typically the primary care provider (PCP).

**STANDARDS:**

A. LCCMH prescribers determine and document the need for a physical examination, either at the time of intake or throughout the course of treatment. Physical examinations may be required if there is suspicion or knowledge of a medical condition impacting current or planned mental health or substance use disorder treatment.

B. Residential, work activity, day activity and recreational therapy persons served are required to have an annual physical examination completed by a physician.

**PROCEDURES:**

A. Prior to intake, all persons served or their parent/guardian completes the Adult Personal Information Form (LCCMH Form #93) or the Child/Adolescent Personal

Information Form (LCCMH Form #94), which queries general health, past health history, and current symptoms and conditions.

B. At the time of the psychiatric evaluation, if the person served was recently discharged from the hospital, a copy of the most recent physical examination is obtained and reviewed by the prescriber.

C. Nursing Assessments are completed by request and are documented in the Nursing Assessment section of the electronic health record (EHR).

    1. Results found outside of accepted parameters are shared with the person served (guardian and/or parent if applicable), the primary case holder, and the LCCMH prescriber. The person served (or guardian, if applicable) is advised to follow up with the PCP for evaluation and treatment. Nursing Assessment results can be shared with the PCP by request, provided an active release of information is signed.

    2. The purpose of the Nursing Assessment is to identify health care concerns, provide education regarding identified health care concerns, and to facilitate the integration of treatment with the primary case holder and PCP.

D. When a physical examination is recommended or required, persons served are referred to their PCP. All returned physical examinations are reviewed by the prescriber and their recommendations documented in the record of the person served.

E. Residential providers maintain complete health records (medical and dental) for their persons served.

    1. Primary case holders are responsible for monitoring health records quarterly, or more frequently as indicated.

    2. Copies of the person served's physical examinations are included in the LCCMH case record, if possible.

F. Clinicians who note conditions, medications, and/or symptoms which preclude, effect, or impact the mental health or substance use disorder treatment of a person served in any manner are to seek consultation from a prescriber.

**EXHIBITS:**

Table 1: Blood Pressure Categories
Table 2: Vital Signs and processes

SW:lr

**Supersedes:** #10/09036 dated 10/06/2009