



CCBHC Update

In September 2022, Lapeer CMH was awarded a four-year Certified Community Behavioral Health Clinic (CCBHC) Planning, Development, and Implementation Grant through the Substance Abuse and Mental Health Services Administration (SAMHSA). The purpose of a CCBHC is to ensure access to coordinated, comprehensive behavioral health care. CCBHCs must serve anyone who requests care for mental health or substance use, regardless of their ability to pay, place of residence, or age. The CCBHC model prioritizes evidence-based services, quick access to treatment, and care coordination of behavioral health care, physical health care, social services, and other community resources.

Grant Enrollment & Assessments

In year one, Lapeer CMH set a goal of enrolling 93 persons served in the CCBHC. At the end of Q3, 104 individuals have been enrolled.

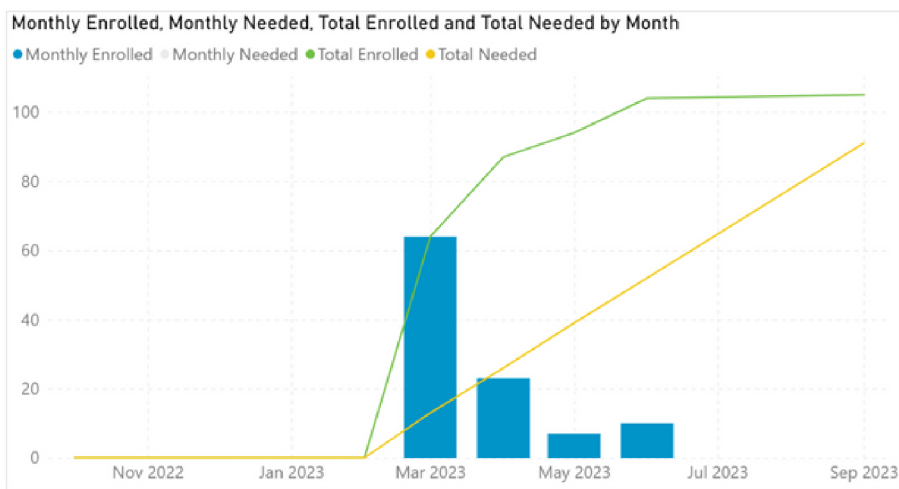
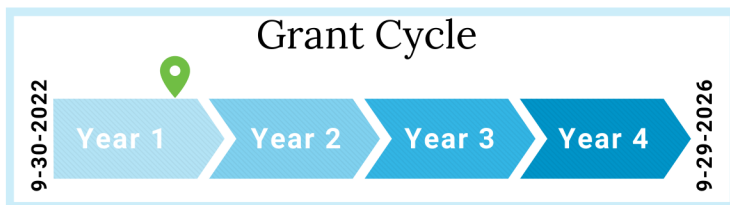
Individuals enrolled in the CCBHC are asked to complete a National Outcome Measures (NOMs) assessment at baseline, 6 months, and discharge. To date, Lapeer CMH has completed 97 baseline assessments, 0 six-month reassessments, and 1 discharge reassessment.

Program Spotlight: Zero Suicide Model

The Zero Suicide Model's comprehensive approach is a vital tool in enhancing our agency's ability to provide efficient and compassionate care. We hope to make a lasting impact on the lives of those we serve and contribute to a community that prioritizes mental health and wellbeing. By implementing evidence-based strategies and interventions, participants contribute to a safer, more compassionate community where suicide is preventable.

Key Accomplishments:

- Applied for Zero Suicide Academy:** Participation empowers individuals and organizations to take a proactive approach to suicide prevention.
- Attended Zero Suicide Academy:** Gained in-depth knowledge and skills related to suicide prevention, intervention, and postvention strategies.
- Work Force Survey:** Designed to assess the knowledge, attitudes, and practices related to suicide prevention among the staff and professionals working within an organization.
- Group Collaboration:** Involved individuals from different departments, including Emergency services, Quality Improvement, Clinical, and IT.



Future Goals for Implementation:

- Zero Suicide Committee:** A representative from each department with lived experience will attend the Zero Suicide Committee on a monthly basis.
- Universal Screening:** The integration of evidence-based screening and assessment tools allows us to proactively identify individuals at risk of suicide.
- Develop a suicide care pathway:** Streamlining care pathways and safety planning protocols will ensure a consistent and effective approach.
- Introduce evidence-based practice, training, and education:** Continuous learning is paramount to ensuring that our staff remains well-equipped to handle the evolving needs of our clients.

Outcomes and Performance

As part of the CCBHC grant, Lapeer CMH is tracking performance on several SAMHSA-required measures, including:

- Infrastructure, Development, Prevention, and Mental Health Promotion (IPP) indicators
- Clinical Quality Measures (CQMs)
- CCBHC-developed Goals and Objectives

This quarter, we are highlighting performance on Lapeer's IPP indicators:

Partnerships/ Collaboration

PC2: The number of organizations collaborating/coordinating/sharing resources with other organizations as a result of the grant.



Greater Flint Health Coalition Mid-Michigan Community Health Access Program (CHAP): **MOU Signed, services starting in August**

Alcohol Information and Counseling Center (AICC): **Fully integrated as a branch of Lapeer County CMH**

Hamilton Community Health Network Lapeer: **Updated MOU is completed and awaiting review & signature.**

Medstar Ambulance Service: **Relationship development is ongoing.**

Accountability

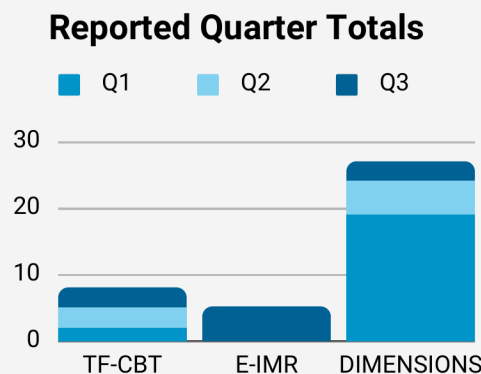
A4: The number and percentage of work group/advisory group/council members who are consumers/family members



Lapeer CMH has an **eleven-member** Citizen's Advisory Council (CAC) consisting entirely of family members and persons served. This group operates as an advisory board for CCBHC functions and is presented with quarterly reporting.

Types/Targets of Practices

T3: The number of people receiving evidence-based mental health-related services as a result of the grant.



Progress Towards Year 1 Goal



Access

AC1: The number and percentage of individuals receiving mental health or related services after referral.



Lapeer CMH is currently working with our EMR vendor, PCE Systems, to develop a formal process to track referrals to external providers and follow up on the care received.